

Welcome to Meridian Senior Center 208-888-5555

* La Boutique - Open Mon.-Fri. 10:30 - 1:30

APRIL ACTIVITIES

Center at the Park Available for Rentals

* Call Lisa @ 208-908-7540 / centerattheparkevents@gmail.com

MONDAY - APRIL 1	TUESDAY - APRIL 2	WEDNESDAY - APRIL 3	THURSDAY - APRIL 4	FRIDAY - APRIL 5
9:30 YOGA 10:30 CHAIR YOGA 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE 6:00 PINOCHLE	<u>11:00 MOM & DOUBLE IMAGE</u> 12:00 LUNCH 1:00 ART CLASS	9:30 YOGA 10:30 GUIDED MEDITATION 11:00 CHAIR YOGA <u>11:00 HEARTFELT COUNTRY</u> 12:00 LUNCH 1:00 PINOCHLE	10:30 CHOIR PRACTICE <u>11:45 SENIOR GOLDMINE</u> 12:00 LUNCH 1:00 HAND & FOOT	9:30 ZUMBA 12:00 LUNCH 1:00 CANASTA 1:00 PINOCHLE *** BLACK OUT BINGO *** BINGO DOORS OPEN 3 PM
MONDAY - APRIL 8	TUESDAY - APRIL 9	WEDNESDAY - APRIL 10	THURSDAY - APRIL 11	FRIDAY - APRIL 12
9:30 YOGA 10:30 CHAIR YOGA <u>11:00 LARRY WORTHY</u> 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE 6:00 PINOCHLE	10:00 KNIT & LOOM <u>11:00 MUSIC BY ALI</u> 12:00 LUNCH 1:00 ART CLASS	9:30 YOGA 10:30 GUIDED MEDITATION 11:00 CHAIR YOGA 12:00 LUNCH 1:00 PINOCHLE	10:30 CHOIR PRACTICE <u>11:00 COUNTRY ROADS W/BILL & CAROLYN</u> 12:00 LUNCH 1:00 HAND & FOOT	9:30 ZUMBA 12:00 LUNCH 1:00 CANASTA 1:00 PINOCHLE BINGO DOORS OPEN 3 PM
MONDAY - APRIL 15	TUESDAY - APRIL 16	WEDNESDAY - APRIL 17	THURSDAY - APRIL 18	FRIDAY - APRIL 19
9:30 YOGA 10:30 CHAIR YOGA 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE 6:00 PINOCHLE	<u>10:30 - 11:45 BLOOD SUGAR TESTING MEMBERSHIP REQUIRED</u> <u>11:30 NOSTALGIC SENIORS</u> 12:00 LUNCH 1:00 ART CLASS 1:00 BOARD MEETING	9:30 YOGA 10:30 GUIDED MEDITATION 11:00 CHAIR YOGA <u>11:00 RICHIE KENT EXP.</u> 12:00 LUNCH 1:00 PINOCHLE	<u>11:00 JUBILATION</u> 12:00 LUNCH 1:00 HAND & FOOT 12:15 ATTORNEY SIGN-UP MEMBERSHIP REQUIRED	9:30 ZUMBA 11:45 ASSOC. MEETING 12:00 LUNCH 1:00 CANASTA 1:00 PINOCHLE BINGO DOORS OPEN 3 PM
MONDAY - APRIL 22	TUESDAY - APRIL 23	WEDNESDAY - APRIL 24	THURSDAY - APRIL 25	FRIDAY - APRIL 26
9:30 YOGA 10:30 CHAIR YOGA 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE 6:00 PINOCHLE	10:00 KNIT & LOOM 12:00 LUNCH 1:00 ART CLASS	9:30 YOGA <u>10:00 DOWN SIZING SEMINAR</u> 10:30 GUIDED MEDITATION 11:00 CHAIR YOGA 11:00 BLOOD PRESSURE 12:00 LUNCH 1:00 PINOCHLE	10:30 CHOIR PRACTICE <u>11:00 COUNTRY ROADS W/BILL & CAROLYN</u> 12:00 LUNCH 1:00 HAND & FOOT	9:30 ZUMBA 12:00 LUNCH 1:00 CANASTA 1:00 PINOCHLE BINGO DOORS OPEN 3 PM
MONDAY - APRIL 29	TUESDAY - APRIL 30	PLAY POOL *** TUES., THURS. & FRI. - 8:30 - 3:30 MON. - 11:30 - 3:30 * WED. - NOON - 3:30 POOL PARTNERS AVAIL. - MON.-WED.-FRI. 12-3:30		
9:30 YOGA 10:30 CHAIR YOGA 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE 6:00 PINOCHLE	12:00 LUNCH 1:00 ART CLASS			VISIT OUR WEBSITE AT: WWW.MERIDIANSSENIORSCENTER.COM