


Welcome to Meridian Senior Center 208-888-5555
 * La Boutique - Open Mon.-Fri. 10:30 - 1:30

FEBRUARY ACTIVITIES

Center at the Park Available for Rental's
 * Call Lisa @ 208-908-7540 / centerattheparkevents@gmail.com

				THURSDAY - FEB. 1	FRIDAY - FEB. 2
PLAY POOL *** TUES., THURS. & FRI. - 8:30 - 3:30 MON. - 11 - 3:30 * WED. - NOON - 3:30 POOL PARTNERS AVAIL. - MON.-WED.-FRI. 12-3:30				8:30 FOOT CLINIC CALL FOR APPOINTMENT <u>11:45 SENIOR GOLDMINE</u> 12:00 LUNCH 1:00 HAND & FOOT	9:30 ZUMBA 12:00 LUNCH 1:00 CANASTA *** BLACK OUT BINGO *** BINGO DOORS OPEN 2 PM
		VISIT OUR WEBSITE AT: WWW.MERIDIANSSENIORSCENTER.COM			
MONDAY - FEB. 5	TUESDAY - FEB. 6	WEDNESDAY - FEB. 7	THURSDAY - FEB. 8	FRIDAY - FEB. 9	
9:30 YOGA 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE 6:30 PINOCHLE 7:30 DANCE LESSONS	10:00 ALZ. SPT. GROUP <u>11:00 MOM & DOUBLE IMAGE</u> 12:00 LUNCH 1:00 ART CLASS 6:30 PINOCHLE	9:30 YOGA 10:30 CHAIR YOGA <u>11:00 HEARTFELT COUNTRY</u> 12:00 LUNCH 1:00 PINOCHLE	8:30 FOOT CLINIC CALL FOR APPOINTMENT <u>11:00 COUNTRY ROADS W/BILL & CAROLYN</u> 12:00 LUNCH 1:00 HAND & FOOT	9:30 ZUMBA 12:00 LUNCH 1:00 CANASTA BINGO DOORS OPEN 2 PM	
MONDAY - FEB. 12	TUESDAY - FEB. 13	THURSDAY - FEB. 14	THURSDAY - FEB. 15	FRIDAY - FEB. 16	
9:30 YOGA <u>11:00 LARRY WORTHY</u> 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE 6:30 PINOCHLE 7:30 DANCE LESSONS	10:00 KNIT & LOOM <u>11:00 MUSIC BY ALI</u> 12:00 LUNCH 1:00 ART CLASS 6:30 PINOCHLE	9:30 YOGA 10:30 CHAIR YOGA 12:00 LUNCH 1:00 PINOCHLE	8:30 FOOT CLINIC CALL FOR APPOINTMENT <u>11:00 COUNTRY ROADS W/BILL & CAROLYN</u> 12:00 LUNCH 12:15 ATTORNEY SIGN-UP MEMBERSHIP REQUIRED 1:00 HAND & FOOT	9:30 ZUMBA 11:45 ASSOC. MEETING 12:00 LUNCH 1:00 CANASTA BINGO DOORS OPEN 2 PM	
MONDAY - FEB. 19	TUESDAY - FEB. 20	WEDNESDAY - FEB. 21	THURSDAY - FEB. 22	FRIDAY - FEB. 23	
CENTER CLOSED PRESIDENTS' DAY 6:30 PINOCHLE 7:30 DANCE LESSONS	<u>10:30 - 11:45 BLOOD SUGAR TESTING MEMBERSHIP REQUIRED</u> <u>11:45 NOSTALGIC SENIORS</u> 12:00 LUNCH 1:00 ART CLASS 1:00 BOARD MEETING 6:30 PINOCHLE	9:30 YOGA 10:30 CHAIR YOGA 12:00 LUNCH 1:00 PINOCHLE	8:30 FOOT CLINIC CALL FOR APPOINTMENT <u>11:00 RICHIE KENT EXP.</u> 12:00 LUNCH 1:00 DOMINOES 1:00 HAND & FOOT	9:30 ZUMBA <u>11:00 GARY & THE BAND</u> 12:00 LUNCH 1:00 CANASTA BINGO DOORS OPEN 2 PM	
MONDAY - FEB. 26	TUESDAY - FEB. 27	WEDNESDAY - FEB. 28			
9:30 YOGA 12:00 LUNCH 1:00 DOMINOES 1:00 & 6:30 PINOCHLE 7:30 DANCE LESSONS	10:00 KNIT & LOOM 12:00 LUNCH 1:00 ART CLASS 6:30 PINOCHLE	9:30 YOGA 10:30 CHAIR YOGA 11:00 BLOOD PRESSURE 12:00 LUNCH 1:00 PINOCHLE	EXERCISE CLASSES PLEASE TURN OFF CELL PHONES & DON'T WEAR PERFUME		FOOT CLINIC MEMBERSHIP REQUIRED CALL JONICA  FOR APPT. 463-8834