

Welcome to Meridian Senior Center 208-888-5555
 * La Boutique - Open Mon.-Fri. 10:30 - 1:30

MARCH ACTIVITIES

Center at the Park Available for Rental's
 * Call Lisa @ 208-908-7540 / centerattheparkevents@gmail.com

				THURSDAY - MARCH 1	FRIDAY - MARCH 2
PLAY POOL *** TUES., THURS. & FRI. - 8:30 - 3:30 MON. - 11:30 - 3:30 * WED. - 11:30 - 3:30 POOL PARTNERS AVAIL. - MON.-WED.-FRI. 12-3:30		FOOT CLINIC CALL JONICA 463-8834 FOR APPT. MEMBERSHIP REQ.		8:30 FOOT CLINIC CALL FOR APPOINTMENT <u>11:45 SENIOR GOLDMINE</u> 12:00 LUNCH 1:00 HAND & FOOT	9:30 ZUMBA 12:00 LUNCH 1:00 CANASTA BINGO DOORS OPEN 2 PM
		VISIT OUR WEBSITE AT: WWW.MERIDIANSSENIORSCENTER.COM			
MONDAY - MARCH 5	TUESDAY - MARCH 6	WEDNESDAY - MARCH 7	THURSDAY - MARCH 8	FRIDAY - MARCH 9	
9:30 YOGA 10:30 CHAIR YOGA 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE 6:30 PINOCHLE 7:30 DANCE LESSONS	10:00 ALZ. SPT. GROUP <u>11:00 MOM & DOUBLE IMAGE</u> 12:00 LUNCH 1:00 ART CLASS 6:30 PINOCHLE	9:30 YOGA 10:30 CHAIR YOGA <u>11:00 HEARTFELT COUNTRY</u> 12:00 LUNCH 1:00 PINOCHLE	8:30 FOOT CLINIC CALL FOR APPOINTMENT <u>11:00 COUNTRY ROADS W/BILL & CAROLYN</u> 12:00 LUNCH 1:00 HAND & FOOT	9:30 ZUMBA 12:00 LUNCH 1:00 CANASTA BINGO DOORS OPEN 2 PM	
MONDAY - MARCH 12	TUESDAY - MARCH 13	WEDNESDAY - MARCH 14	THURSDAY - MARCH 15	FRIDAY - MARCH 16	
9:30 YOGA 10:30 CHAIR YOGA <u>11:00 LARRY WORTHY</u> 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE 6:30 PINOCHLE 7:30 DANCE LESSONS	10:00 KNIT & LOOM <u>11:00 MUSIC BY ALI</u> 12:00 LUNCH 1:00 ART CLASS 6:30 PINOCHLE	9:30 YOGA 10:30 CHAIR YOGA 12:00 LUNCH 1:00 PINOCHLE	8:30 FOOT CLINIC CALL FOR APPOINTMENT <u>11:00 COUNTRY ROADS W/BILL & CAROLYN</u> 12:00 LUNCH 12:15 ATTORNEY SIGN-UP MEMBERSHIP REQUIRED 1:00 HAND & FOOT	9:30 ZUMBA <u>11:30 WEAR YOUR BEST GREEN</u> 12:00 LUNCH 1:00 CANASTA BINGO DOORS OPEN 2 PM	
MONDAY - MARCH 19	TUESDAY - MARCH 20	WEDNESDAY - MARCH 21	THURSDAY - MARCH 22	FRIDAY - MARCH 23	
9:30 YOGA 10:30 CHAIR YOGA 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE 6:30 PINOCHLE 7:30 DANCE LESSONS	<u>10:30 - 11:45 BLOOD SUGAR TESTING MEMBERSHIP REQUIRED</u> <u>11:40 NOSTALGIC SENIORS</u> 12:00 LUNCH 1:00 ART CLASS 1:00 BOARD MEETING 6:30 PINOCHLE	9:30 YOGA 10:30 CHAIR YOGA 12:00 LUNCH 1:00 PINOCHLE	8:30 FOOT CLINIC CALL FOR APPOINTMENT 12:00 LUNCH 1:00 HAND & FOOT	9:30 ZUMBA 11:45 ASSOC. MEETING 12:00 LUNCH 1:00 CANASTA *** BLACK OUT BINGO *** BINGO DOORS OPEN 2 PM	
MONDAY - MARCH 26	TUESDAY - MARCH 27	WEDNESDAY - MARCH 28	THURSDAY - MARCH 29	FRIDAY - MARCH 30	
9:30 YOGA 10:30 CHAIR YOGA 12:00 LUNCH 1:00 DOMINOES 1:00 & 6:30 PINOCHLE 7:30 DANCE LESSONS	10:00 KNIT & LOOM 12:00 LUNCH 1:00 ART CLASS 6:30 PINOCHLE	9:30 YOGA 10:30 CHAIR YOGA 11:00 BLOOD PRESSURE <u>11:00 ACCORDION MUSIC</u> 12:00 LUNCH 1:00 PINOCHLE	8:30 FOOT CLINIC CALL FOR APPOINTMENT <u>11:00 RICHIE KENT EXP.</u> 1:00 HAND & FOOT	9:30 ZUMBA 12:00 LUNCH 1:00 CANASTA BINGO DOORS OPEN 2 PM	

LARRY IS HAVING SURGERY NOT SURE WHEN