

Welcome to Meridian Senior Center 208-888-5555
 * La Boutique - Open Mon.-Fri. 10:30 - 1:30

MARCH ACTIVITIES

Center at the Park Available for Rentals

* Call Lisa @ 208-908-7540 / centerattheparkevents@gmail.com

				FRIDAY - MARCH 1
PLAY POOL *** TUES., THURS. & FRI. - 8:30 - 3:30 MON. - 11:30 - 3:30 * WED. - NOON - 3:30 POOL PARTNERS AVAIL. - MON.-WED.-FRI. 12-3:30		VISIT OUR WEBSITE AT: WWW.MERIDIANSENIORSCENTER.COM		9:30 ZUMBA 12:00 LUNCH 1:00 CANASTA 1:00 PINOCHLE BINGO DOORS OPEN 3 PM
MONDAY - MARCH 4	TUESDAY - MARCH 5	WEDNESDAY - MARCH 6	THURSDAY - MARCH 7	FRIDAY - MARCH 8
9:30 YOGA 10:30 CHAIR YOGA 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE 6:00 PINOCHLE	<u>11:00 MOM & DOUBLE IMAGE</u> 12:00 LUNCH 1:00 ART CLASS	9:30 YOGA 10:30 GUIDED MEDITATION 11:00 CHAIR YOGA <u>11:00 HEARTFELT COUNTRY</u> 12:00 LUNCH 1:00 PINOCHLE	10:30 CHOIR PRACTICE <u>11:45 SENIOR GOLDMINE</u> 12:00 LUNCH 1:00 HAND & FOOT	9:30 ZUMBA 12:00 LUNCH 1:00 CANASTA 1:00 PINOCHLE BINGO DOORS OPEN 3 PM
MONDAY - MARCH 11	TUESDAY - MARCH 12	WEDNESDAY - MARCH 13	THURSDAY - MARCH 14	FRIDAY - MARCH 15
9:30 YOGA 10:30 CHAIR YOGA <u>11:00 LARRY WORTHY</u> 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE 6:00 PINOCHLE	10:00 KNIT & LOOM <u>11:00 MUSIC BY ALI</u> 12:00 LUNCH 1:00 ART CLASS	9:30 YOGA 10:30 GUIDED MEDITATION 11:00 CHAIR YOGA 12:00 LUNCH 1:00 PINOCHLE	10:30 CHOIR PRACTICE <u>11:15 ST. PATRICK'S DAY COSTUME CONTEST</u> 12:00 LUNCH 1:00 HAND & FOOT	9:30 ZUMBA 12:00 LUNCH 1:00 CANASTA 1:00 PINOCHLE BINGO DOORS OPEN 3 PM
MONDAY - MARCH 18	TUESDAY - MARCH 19	WEDNESDAY - MARCH 20	THURSDAY - MARCH 21	FRIDAY - MARCH 22
9:30 YOGA 10:30 CHAIR YOGA 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE 6:00 PINOCHLE	<u>10:30 - 11:45 BLOOD SUGAR TESTING MEMBERSHIP REQUIRED</u> 12:00 LUNCH 1:00 ART CLASS 1:00 BOARD MEETING	9:30 YOGA 10:30 GUIDED MEDITATION 11:00 CHAIR YOGA <u>11:00 RICHIE KENT EXP.</u> 12:00 LUNCH 1:00 PINOCHLE	<u>11:00 COUNTRY ROADS W/BILL & CAROLYN</u> 12:00 LUNCH 12:15 ATTORNEY SIGN-UP MEMBERSHIP REQUIRED 1:00 HAND & FOOT	9:30 ZUMBA 11:45 ASSOC. MEETING 12:00 LUNCH 1:00 CANASTA 1:00 PINOCHLE BINGO DOORS OPEN 3 PM
MONDAY - MARCH 25	TUESDAY - MARCH 26	WEDNESDAY - MARCH 27	THURSDAY - MARCH 28	FRIDAY - MARCH 29
9:30 YOGA 10:30 CHAIR YOGA 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE 6:00 PINOCHLE	10:00 KNIT & LOOM <u>11:30 NOSTALGIC SENIORS</u> 12:00 LUNCH 1:00 ART CLASS	9:30 YOGA 10:30 GUIDED MEDITATION 11:00 CHAIR YOGA 11:00 BLOOD PRESSURE 12:00 LUNCH 1:00 PINOCHLE	<u>11:00 RICHIE KENT EXP.</u> 12:00 LUNCH 10:30 CHOIR PRACTICE 1:00 HAND & FOOT	9:30 ZUMBA 12:00 LUNCH 1:00 CANASTA 1:00 PINOCHLE BINGO DOORS OPEN 3 PM