


Welcome to Meridian Senior Center 208-888-5555
 * La Boutique - Open Mon.-Fri. 10:30 - 1:30

MAY ACTIVITIES

Center at the Park Available for Rental's
 * Call Lisa @ 208-908-7540 / centerattheparkevents@gmail.com

	TUESDAY - MAY 1	WEDNESDAY - MAY 2	THURSDAY - MAY 3	FRIDAY - MAY 4
FOOT CLINIC  CALL JONICA 463-8834 FOR APPT. MEMBERSHIP REQ.	10:00 ALZ. SPT. GROUP <u>11:00 MOM & DOUBLE IMAGE</u> 12:00 LUNCH 1:00 ART CLASS 6:30 PINOCHLE	9:30 YOGA 10:30 CHAIR YOGA <u>11:00 HEARTFELT COUNTRY</u> 1:00 PINOCHLE	8:30 FOOT CLINIC CALL FOR APPOINTMENT <u>11:45 SENIOR GOLDMINE</u> 12:00 LUNCH 1:00 HAND & FOOT	9:30 ZUMBA 12:00 LUNCH 1:00 CANASTA 1:00 PINOCHLE BINGO DOORS OPEN 2 PM
	VISIT OUR WEBSITE AT: WWW.MERIDIANSENIORSCENTER.COM			
MONDAY - MAY 7	TUESDAY - MAY 8	WEDNESDAY - MAY 9	THURSDAY - MAY 10	FRIDAY - MAY 11
9:30 YOGA 10:30 CHAIR YOGA 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE 6:30 PINOCHLE	10:00 KNIT & LOOM <u>11:00 MUSIC BY ALI</u> 12:00 LUNCH 1:00 ART CLASS 6:30 PINOCHLE	9:30 YOGA 10:30 CHAIR YOGA 12:00 LUNCH 1:00 PINOCHLE	8:30 FOOT CLINIC CALL FOR APPOINTMENT <u>11:00 COUNTRY ROADS W/BILL & CAROLYN</u> 12:00 LUNCH 1:00 HAND & FOOT	9:30 YOGA 12:00 LUNCH 1:00 CANASTA 1:00 PINOCHLE *** BLACK OUT BINGO *** BINGO DOORS OPEN 2 PM
MONDAY - MAY 14	TUESDAY - MAY 15	WEDNESDAY - MAY 16	THURSDAY - MAY 17	FRIDAY - MAY 18
9:30 YOGA 10:30 CHAIR YOGA <u>11:00 LARRY WORTHY</u> 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE 6:30 PINOCHLE	<u>10:30 - 11:45 BLOOD SUGAR TESTING MEMBERSHIP REQUIRED</u> <u>11:40 NOSTALGIC SENIORS & BOISE UKULELE GROUP</u> 12:00 LUNCH 1:00 ART CLASS 1:00 BOARD MEETING 6:30 PINOCHLE	9:30 YOGA 10:30 CHAIR YOGA <u>11:00 RICHIE KENT EXP.</u> 12:00 LUNCH 1:00 PINOCHLE	8:30 FOOT CLINIC CALL FOR APPOINTMENT <u>11:00 COUNTRY ROADS W/BILL & CAROLYN</u> 12:00 LUNCH 12:15 ATTORNEY SIGN-UP MEMBERSHIP REQUIRED 1:00 HAND & FOOT	9:30 YOGA 11:45 ASSOC. MEETING 12:00 LUNCH 1:00 CANASTA 1:00 PINOCHLE BINGO DOORS OPEN 2 PM
MONDAY - MAY 21	TUESDAY - MAY 22	WEDNESDAY - MAY 23	THURSDAY - MAY 24	FRIDAY - MAY 25
9:30 YOGA 10:30 CHAIR YOGA 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE 6:30 PINOCHLE	10:00 KNIT & LOOM 12:00 LUNCH 1:00 ART CLASS 6:30 PINOCHLE	9:30 YOGA 10:30 CHAIR YOGA 11:00 BLOOD PRESSURE 12:00 LUNCH 1:00 PINOCHLE	8:30 FOOT CLINIC CALL FOR APPOINTMENT <u>11:00 RICHIE KENT EXP.</u> 12:00 LUNCH 1:00 HAND & FOOT	9:30 ZUMBA 12:00 LUNCH 1:00 CANASTA 1:00 PINOCHLE BINGO DOORS OPEN 2 PM
MONDAY - MAY 28	TUESDAY - MAY 29	WEDNESDAY - MAY 30	THURSDAY - MAY 31	
CLOSED MEMORIAL DAY HOLIDAY 6:30 PINOCHLE	12:00 LUNCH 1:00 ART CLASS 6:30 PINOCHLE	9:30 YOGA 10:30 CHAIR YOGA 12:00 LUNCH 1:00 PINOCHLE	8:30 FOOT CLINIC CALL FOR APPOINTMENT <u>11:15 JUBILATION SINGERS</u> 12:00 LUNCH 1:00 DOMINOES 1:00 HAND & FOOT	PLAY POOL TUES., THURS. & FRI. 8:30 - 3:30 MON. & WED. 11:30 - 3:30 POOL PARTNERS AVAIL.