

Welcome to Meridian Senior Center 208-888-5555
 * La Boutique - Open Mon.-Fri. 10:30 - 1:30

MAY ACTIVITIES

Center at the Park Available for Rentals
 * Call Lisa @ 208-908-7540 / centerattheparkevents@gmail.com

		WEDNESDAY - MAY 1	THURSDAY - MAY 2	FRIDAY - MAY 3
PLAY POOL *** TUES., THURS. & FRI. - 8:30 - 3:30 MON. - 11:30 - 3:30 * WED. - NOON - 3:30 POOL PARTNERS AVAIL. - MON.-WED.-FRI. 12-3:30 VISIT OUR WEBSITE AT: WWW.MERIDIANSSENIORSCENTER.COM * DENOTES MEMBERSHIP REQUIRED		9:30 YOGA 10:30 GUIDED MEDITATION 11:00 CHAIR YOGA <u>11:00 HEARTFELT COUNTRY</u> 12:00 LUNCH 1:00 PINOCHLE	10:30 CHOIR PRACTICE <u>11:45 SENIOR GOLDMINE</u> 12:00 LUNCH 1:00 HAND & FOOT 1:00 BIBLE STUDY	9:30 ZUMBA 12:00 LUNCH 1:00 CANASTA 1:00 PINOCHLE BINGO DOORS OPEN 2 PM
MONDAY - MAY 6	TUESDAY - MAY 7	WEDNESDAY - MAY 8	THURSDAY - MAY 9	FRIDAY - MAY 10
9:30 YOGA 10:30 CHAIR YOGA 12:00 LUNCH 1:00 DOMINOES 1:00/6:00 PINOCHLE 1:00 WRITING WORKSHOP	10:00 KNIT & LOOM <u>11:00 MOM & DOUBLE IMAGE</u> 12:00 LUNCH 1:00 ART CLASS 1:00 GAMES	9:30 YOGA 10:30 GUIDED MEDITATION 11:00 CHAIR YOGA 12:00 LUNCH 1:00 PINOCHLE	10:30 CHOIR PRACTICE 12:00 LUNCH 1:00 HAND & FOOT 1:00 BIBLE STUDY	9:30 ZUMBA 10:15 LIBRARY BOND INFO. 12:00 LUNCH 1:00 CANASTA 1:00 PINOCHLE BINGO DOORS OPEN 2 PM
MONDAY - MAY 13	TUESDAY - MAY 14	WEDNESDAY - MAY 15	THURSDAY - MAY 16	FRIDAY - MAY 17
9:30 YOGA 10:30 CHAIR YOGA <u>11:00 LARRY WORTHY</u> 12:00 LUNCH 1:00 DOMINOES 1:00/6:00 PINOCHLE 1:00 WRITING WORKSHOP	<u>11:00 MUSIC BY ALI</u> 12:00 LUNCH 1:00 ART CLASS 1:00 GAMES	9:30 YOGA 10:30 GUIDED MEDITATION 11:00 CHAIR YOGA <u>11:00 RICHIE KENT EXP.</u> 12:00 LUNCH 1:00 PINOCHLE	12:00 LUNCH 12:15 ATTORNEY * CALL FOR APPOINTMENT 1:00 HAND & FOOT 1:00 BIBLE STUDY	9:30 ZUMBA 12:00 LUNCH 1:00 CANASTA 1:00 PINOCHLE BINGO DOORS OPEN 2 PM
MONDAY - MAY 20	TUESDAY - MAY 21	WEDNESDAY - MAY 22	THURSDAY - MAY 23	FRIDAY - MAY 24
9:30 YOGA 10:30 CHAIR YOGA 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE 1:00 WRITING WORKSHOP 6:00 PINOCHLE	10:00 KNIT & LOOM <u>10:30 - 11:45 BLOOD SUGAR TESTING</u> <u>11:15 HAWAIIAN MUSIC DAY - BOISE UKULELE</u> 12:00 LUNCH 1:00 ART CLASS / GAMES 1:00 BOARD MEETING	9:30 YOGA 10:30 GUIDED MEDITATION 11:00 CHAIR YOGA 11:00 BLOOD PRESSURE 12:00 LUNCH 1:00 PINOCHLE	10:30 CHOIR PRACTICE 10:30 - NOON HEALTH FAIR 12:00 LUNCH 1:00 HAND & FOOT 1:00 BIBLE STUDY	9:30 ZUMBA 11:30 STONEBRIDGE FOOT CLINIC * 11:45 ASSOC. MEETING 12:00 LUNCH 1:00 PINOCHLE *** BLACK OUT BINGO *** BINGO DOORS OPEN 2 PM
MONDAY - MAY 27	TUESDAY - MAY 28	WEDNESDAY - MAY 29	THURSDAY - MAY 30	FRIDAY - MAY 31
CLOSED MEMORIAL DAY HOLIDAY 6:00 PINOCHLE	10:00 KNIT & LOOM 12:00 LUNCH 1:00 ART CLASS 1:00 GAMES	9:30 YOGA 10:30 GUIDED MEDITATION 11:00 CHAIR YOGA 12:00 LUNCH 1:00 PINOCHLE	10:15 - 11:30 ADVANCED DIRECTIVES <u>11:00 RICHIE KENT EXP.</u> 12:00 LUNCH 1:00 HAND & FOOT 1:00 DOMINOES 1:00 BIBLE STUDY	9:30 ZUMBA 11:30 STONEBRIDGE FOOT CLINIC * 12:00 LUNCH 1:00 PINOCHLE BINGO DOORS OPEN 2 PM