

Welcome to Meridian Senior Center 208-888-5555  
 \* La Boutique - Open Mon.-Fri. 10:30 - 1:30

SEPTEMBER ACTIVITIES

Center at the Pal  
 \* Call Lisa @ 208-908-7540

PLAY POOL MON., TUES., THURS. & FRI. 8:30 - 3:30 WEDNESDAY 10:30 - 3:30 POOL PARTNERS AVAIL. MON. - WED. - FRI. 12-3:30		FOOT CLINIC MEMBERSHIP REQUIRED CALL JONICA  FOR APPOINTMENT 463-8834	EXERCISE CLASS PARTICIPANTS PLEASE TURN OFF CELL PHONES & DON'T WEAR PERFUME OR COLOGNE
MONDAY - SEPT. 4	TUESDAY - SEPT. 5	WEDNESDAY - SEPT. 6	THURSDAY - SEPT. 7
LABOR DAY HOLIDAY  CENTER CLOSED	10:00 ALZ. SUPPORT GRP. <u>11:00 MOM &amp; DOUBLE IMAGE</u> 12:00 LUNCH 1:00 ART CLASS 7:00 PINOCHLE	9:30 YOGA <u>11:00 HEARTFELT COUNTRY</u> 12:00 LUNCH 1:00 PINOCHLE	8:30 FOOT CLINIC CALL FOR APPOINTMENT <u>11:45 SENIOR GOLDMINE</u> 12:00 LUNCH 1:00 HAND & FOOT
MONDAY - SEPT. 11	TUESDAY - SEPT. 12	WEDNESDAY - SEPT. 13	THURSDAY - SEPT. 14
9:30 YOGA <u>11:00 LARRY WORTHY</u> 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE  7:00 PINOCHLE 7:30 DANCE LESSONS	10:00 KNIT & LOOM <u>11:00 MUSIC BY ALI</u> 12:00 LUNCH 1:00 ART CLASS  7:00 PINOCHLE	9:30 YOGA 10:30 CHAIR YOGA 12:00 LUNCH 1:00 PINOCHLE	8:30 FOOT CLINIC CALL FOR APPOINTMENT <u>11:00 COUNTRY ROADS W/BILL &amp; CAROLYN</u> 12:00 LUNCH
MONDAY - SEPT. 18	TUESDAY - SEPT. 19	WEDNESDAY - SEPT. 20	THURSDAY - SEPT. 21
9:30 YOGA 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE 7:00 PINOCHLE 7:30 DANCE LESSONS	<u>10:30 - 11:45 BLOOD SUGAR TESTING MEMBERSHIP REQUIRED</u> <u>11:45 NOSTALGIC SENIORS</u> 12:00 LUNCH 1:00 ART CLASS 1:00 BOARD MEETING 7:00 PINOCHLE	9:30 YOGA 10:30 CHAIR YOGA 12:00 LUNCH 1:00 PINOCHLE	8:30 FOOT CLINIC CALL FOR APPOINTMENT <u>11:00 COUNTRY ROADS W/BILL &amp; CAROLYN</u> 12:00 LUNCH 12:15 ATTORNEY SIGN-UP MEMBERSHIP REQUIRED 1:00 HAND & FOOT
MONDAY - SEPT. 25	TUESDAY - SEPT. 26	WEDNESDAY - SEPT. 27	THURSDAY - SEPT. 28
9:30 YOGA 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE  7:00 PINOCHLE 7:30 DANCE LESSONS	10:00 KNIT & LOOM 12:00 LUNCH 1:00 ART CLASS 7:00 PINOCHLE	9:30 YOGA 10:30 CHAIR YOGA 11:00 BLOOD PRESSURE 12:00 LUNCH 1:00 PINOCHLE  VISIT OUR WEBSITE AT <a href="http://WWW.MERIDIANSSENIORSCENTER.COM">WWW.MERIDIANSSENIORSCENTER.COM</a>	8:30 FOOT CLINIC CALL FOR APPOINTMENT <u>11:00 RICHIE KENT EXPERIENCE</u> 12:00 LUNCH

starting in October Larry Worthy 2nd Monday of every month

rk Available for Rental's  
/ centerattheparkevents@gmail.co

**FRIDAY - SEPT. 1**

9:30 ZUMBA  
12:00 LUNCH  
1:00 CANASTA

**BINGO DOORS OPEN 4 PM**

**FRIDAY - SEPT. 8**

**\*\*\* 10-4:30 BAZAAR \*\*\***

12:00 LUNCH  
1:00 CANASTA

**BINGO DOORS OPEN 4 PM**

**FRIDAY - SEPT. 15**

12:00 LUNCH  
1:00 CANASTA

**BINGO DOORS OPEN 4 PM**

**FRIDAY - SEPT. 22**

9:30 ZUMBA  
11:45 ASSOC. MEETING  
12:00 LUNCH  
1:00 CANASTA

**BINGO DOORS OPEN 4 PM**

**FRIDAY - SEPT. 29**

9:30 ZUMBA  
12:00 LUNCH  
1:00 CANASTA

**BINGO DOORS OPEN 4 PM**